

# TRAIL MONTE COMADO 2018

14 OUTUBRO 2018

- GENERAL 10 KMS -

GALITIMING  
DUWILIM

CRONOMETRAXE

POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	TIEMPO	DIF1	RITMO
1	1	81	GUEIMUNDE CABALEIRO , PACO	MALE	SENIOR	PEÑA LAR	00:56:08.610		05:37 min/Km
2	2	91	MARTÍNEZ RODIL , DAVID MANUEL	MALE	SENIOR	LA TRAPELA	00:57:46.243	+00:01:37.633	05:47 min/Km
3	1	120	SOTO GOMEZ , JESUS G.	MALE	VET	CLUB ATLETISMO LOURENZÁ	00:57:49.553	+00:01:40.943	05:47 min/Km
4	3	66	EIMIL VAZQUEZ , ROBERTO	MALE	SENIOR	CLUBE ATLETISMO VILALBA	00:59:01.253	+00:02:52.643	05:55 min/Km
5	4	101	PAZOS BARBEITO , OSCAR	MALE	SENIOR	ATLETAS ACEADAMA	00:59:19.653	+00:03:11.043	05:56 min/Km
6	5	53	BARCIA TEIJEIRO , ANTONIO	MALE	SENIOR	DEBRA PIEL DE MARIPOSA	01:01:21.680	+00:05:13.070	06:09 min/Km
7	2	100	PAZ VEIGA , DARIO	MALE	VET	CASE CHAO	01:01:54.203	+00:05:45.593	06:12 min/Km
8	6	94	MENDEZ PAZ , JUAN LUIS	MALE	SENIOR	ATLETISMO LOURENZA	01:01:56.443	+00:05:47.833	06:12 min/Km
9	3	70	FERNANDEZ RODRIGUEZ , RAMÓN	MALE	VET	ALBIONS A PONTENOVA	01:03:33.763	+00:07:25.153	06:22 min/Km
10	7	64	DÍAZ GARCÍA , PABLO	MALE	SENIOR	TOXIZA CLUBE DE MONTAÑA	01:04:35.453	+00:08:26.843	06:28 min/Km
11	8	113	RODRIGUEZ VAZQUEZ , DIEGO	MALE	SENIOR	LITTLE GALICIA	01:06:29.653	+00:10:21.043	06:39 min/Km
12	9	99	NAVEIRAS ROUCO , CARLOS	MALE	SENIOR	INDEPENDIENTE	01:08:13.903	+00:12:05.293	06:50 min/Km
13	4	80	GUEIMUNDE CABALEIRO , JOSE MARIA	MALE	VET	CASA CHAO	01:08:14.313	+00:12:05.703	06:50 min/Km
14	10	90	MARRUBE , JUANMA	MALE	SENIOR	NO PERTENECE A NINGÚN CLUB	01:08:14.533	+00:12:05.923	06:50 min/Km
15	5	60	CANCELEIRO , ANTONIO	MALE	VET	TOXIZA CLUBE DE MONTAÑA	01:09:09.313	+00:13:00.703	06:55 min/Km
16	11	97	MONTEAGUDO RODRIGUEZ , SERGIO	MALE	SENIOR	CLUB TRIALÓN CORUÑA	01:10:01.523	+00:13:52.913	07:01 min/Km
17	12	92	MARTÍNEZ RODRÍGUEZ , BRUNO JOSÉ	MALE	SENIOR	S. M. GRUPO COVADONGA	01:10:14.173	+00:14:05.563	07:02 min/Km
18	6	84	LOPEZ BASANTA , JAIME	MALE	VET	INDEPENDIENTE	01:11:06.133	+00:14:57.523	07:07 min/Km
19	1	103	TRILLO FERNÁNDEZ , CARLA	FEMALE	SENIOR-F	VERXEL NUTRICION DEPORTIVA	01:12:21.423	+00:16:12.813	07:15 min/Km
20	13	122	TRIGO GONZÁLEZ , DANIEL	MALE	SENIOR	INDEPENDIENTE	01:12:34.030	+00:16:25.420	07:16 min/Km
21	14	96	MERA RIO , ALFONSO	MALE	SENIOR	FOCHANCAS MONTE CLUB	01:12:50.813	+00:16:42.203	07:18 min/Km
22	7	74	GARCÍA GONZÁLEZ , ALBERTO	MALE	VET	-	01:14:20.263	+00:18:11.653	07:27 min/Km
23	15	116	SANCHEZ DIAZ , JAVIER	MALE	SENIOR	NO PERTENECE A NINGÚN CLUB	01:14:25.723	+00:18:17.113	07:27 min/Km
24	16	119	SORDO ROCHA , PABLO JAVIER	MALE	SENIOR	CLUB ATLETISMO LOURENZÁ	01:15:12.593	+00:19:03.983	07:32 min/Km
25	8	76	GARCÍA SUÁREZ , JUAN A	MALE	VET	FIGUERAS SOLIDARIO - GC AS FIGUEIRAS	01:15:26.183	+00:19:17.573	07:33 min/Km
26	9	104	QUINTANA SUÁREZ , ISAAC	MALE	VET	FIGUERAS SOLIDARIO TEAM	01:15:33.133	+00:19:24.523	07:34 min/Km
27	2	106	REIMONDO GASALLA , ROMINA	FEMALE	SENIOR-F	PRAIAS DE BARREIROS CD	01:15:50.313	+00:19:41.703	07:36 min/Km
28	17	51	ACEBEDO REDONDO , LUIS	MALE	SENIOR	FLUVIAL DE LUGO	01:16:16.140	+00:20:07.530	07:38 min/Km
29	3	115	SALGADO ALBORES , MAITE	FEMALE	SENIOR-F	NO	01:16:32.893	+00:20:24.283	07:40 min/Km
30	18	62	CARREIRAS CUADRADO , JAVIER	MALE	SENIOR	TOXIZA C.D.M	01:18:31.973	+00:22:23.363	07:52 min/Km
31	19	222	MARRUBE RODRÍGUEZ , IVÁN	MALE	SENIOR	TOXIZA CLUBE DE MONTAÑA	01:18:32.153	+00:22:23.543	07:52 min/Km
32	4	109	RODRÍGUEZ , SANDRA	FEMALE	SENIOR-F	NO PERTENECE A NINGÚN CLUB	01:18:35.393	+00:22:26.783	07:52 min/Km

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33	20	82	HEVIA MIRAVALLS , Pelayo	MALE	SENIOR	INDEPENDIENTE	01:18:59.973	+00:22:51.363	07:54 min/Km
34	10	108	RIBES GARCIA , Fernando	MALE	VET	INDEPENDIENTE	01:19:01.503	+00:22:52.893	07:55 min/Km
35	21	121	TOURÓN VÁZQUEZ , Ruben	MALE	SENIOR	RUNING SARRIA	01:20:07.083	+00:23:58.473	08:01 min/Km
36	5	102	PENELAS GARCÍA , Alexandra	FEMALE	SENIOR-F	NADA	01:20:10.813	+00:24:02.203	08:02 min/Km
37	22	93	MARTÍNEZ VARELA , Alejandro	MALE	SENIOR	A.D. JARNACHAS	01:20:11.423	+00:24:02.813	08:02 min/Km
38	6	107	REY PENELAS , Alba	FEMALE	SENIOR-F	A.D. JARNACHAS	01:20:11.473	+00:24:02.863	08:02 min/Km
39	1	55	BLANCO PEREZ , Ana	FEMALE	VET-F	INDEPENDIENTE	01:20:41.213	+00:24:32.603	08:05 min/Km
40	23	52	ARIAS FRANCO , IBAN	MALE	SENIOR	INDEPENDIENTE	01:21:51.033	+00:25:42.423	08:12 min/Km
41	24	78	GOMEZ MARTINEZ , Alfonso	MALE	SENIOR	TOXIZA CLUBE DE MONTAÑA	01:22:54.823	+00:26:46.213	08:18 min/Km
42	25	73	GARCIA FERNANDEZ , Jesus Alberto	MALE	SENIOR	TOXIZA CLUBE DE MONTAÑA	01:26:38.753	+00:30:30.143	08:40 min/Km
43	7	123	PIÑEIROA REGO , Cristina	FEMALE	SENIOR-F	INDEPENDIENTE	01:26:46.613	+00:30:38.003	08:41 min/Km
44	11	129	IGLESIAS FERNANDEZ , Moises	MALE	VET		01:26:56.000	+00:30:47.390	08:42 min/Km
45	26	54	BELLO , EDUARDO	MALE	SENIOR	CD LACIANA	01:26:57.883	+00:30:49.273	08:42 min/Km
46	27	83	LANZÓS PIÑEIROA , Ramon	MALE	SENIOR	INDEPENDIENTE	01:27:26.303	+00:31:17.693	08:45 min/Km
47	12	110	RODRÍGUEZ CASTRO , Isidro	MALE	VET	SITO	01:27:55.333	+00:31:46.723	08:48 min/Km
48	13	105	RAMOS ALONSO , Victor	MALE	VET	TOXIZA CLUBE DE MONTAÑA	01:28:07.943	+00:31:59.333	08:49 min/Km
49	28	75	GARCIA LOPEZ , Aitor	MALE	SENIOR	NO	01:28:49.843	+00:32:41.233	08:53 min/Km
50	14	88	LÓPEZ RIOPEDERE , Pepe	MALE	VET	FLUVIAL MONTE SEGADE	01:29:43.973	+00:33:35.363	08:59 min/Km
51	8	111	RODRÍGUEZ GARCÍA , Xana	FEMALE	SENIOR-F	E.D. LOURENZÁ	01:30:29.413	+00:34:20.803	09:03 min/Km
52	29	69	FERNÁNDEZ MARTÍNEZ , Luis	MALE	SENIOR	ATLETISMO RIBADEO	01:31:26.403	+00:35:17.793	09:09 min/Km
53	2	86	LÓPEZ PALMEIRO , Lucía	FEMALE	VET-F	CLUB ATLETISMO SADA	01:33:25.323	+00:37:16.713	09:21 min/Km
54	15	65	DIAZ OJEA , Luis	MALE	VET	FIRRETE AVENTURA	01:33:27.403	+00:37:18.793	09:21 min/Km
55	30	58	CALCERRADA PÉREZ , Esteban	MALE	SENIOR	NO PERTENECE A NINGÚN CLUB	01:33:54.703	+00:37:46.093	09:24 min/Km
56	3	125	GÓMEZ MAGIDE , Mirian	FEMALE	VET-F	FONSAGRADA TRAIL RUNNING	01:34:57.063	+00:38:48.453	09:30 min/Km
57	31	95	MENENDEZ FERNÁNDEZ , Raúl	MALE	SENIOR	NO PERTENECE A NINGÚN CLUB	01:35:30.083	+00:39:21.473	09:34 min/Km
58	16	117	SANCHEZ GARCIA , Guillermo	MALE	VET	INDEPENDIENTE	01:36:28.673	+00:40:20.063	09:39 min/Km
59	9	228	NOVO BARROS , Rocio	FEMALE	SENIOR-F	MULLER EN FORMA	01:37:04.093	+00:40:55.483	09:43 min/Km
60	4	209	DEVESA FERREIRO , Maria Jesus	FEMALE	VET-F	CLUB MONTEPENARUBIA	01:37:04.303	+00:40:55.693	09:43 min/Km
61	10	63	CASAS ALVAREZ , Banesa	FEMALE	SENIOR-F	INDEPENDIENTE	01:37:07.783	+00:40:59.173	09:43 min/Km
62	11	89	LÓPEZ SOTO , Fátima	FEMALE	SENIOR-F		01:40:04.593	+00:43:55.983	10:01 min/Km
63	12	57	BORRAJO CASTRO , Sabela	FEMALE	SENIOR-F	INDEPENDIENTE	01:40:05.103	+00:43:56.493	10:01 min/Km
64	17	56	BOLADO SAN MARTÍN , Enrique	MALE	VET	TOXIZA CLUBE DE MONTAÑA	01:41:37.193	+00:45:28.583	10:10 min/Km

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65	18	87	LOPEZ PAZOS , JOSE CARLOS	MALE	VET	CHARLI	01:43:21.663	+00:47:13.053	10:21 min/Km
66	32	71	FERNANDEZ TORRES , LUIS ANGEL	MALE	SENIOR	NON TEÑO E NON ME DEIXA POÑER QUE NON	01:46:25.903	+00:50:17.293	10:39 min/Km
67	13	67	FERNÁNDEZ GONZÁLEZ , AMPARO	FEMALE	SENIOR-F	INDEPENDIENTE	01:48:29.343	+00:52:20.733	10:51 min/Km
68	19	85	LÓPEZ GAVIN , JOSÉ	MALE	VET	CLUB ATLETISMO LOURENZÁ	01:51:41.003	+00:55:32.393	11:11 min/Km
69	5	59	CALVO VIDAL , MARÍA	FEMALE	VET-F	CLUB MONTEPENARUBIA	01:53:02.893	+00:56:54.283	11:19 min/Km
70	33	112	RODRIGUEZ LOPEZ , RODRIGO IVÁN	MALE	SENIOR	INDEPENDIENTE	01:53:06.863	+00:56:58.253	11:19 min/Km